**Welcome to Grace Church’s Day of Worship!**

Today we are celebrating our good God and all that He continues to do in our community.

For the past three weeks we have been looking at 7 Hebrew words for “praise” from book of Psalms.

Throughout this service, we will worship God in some of the different ways that these Hebrew words describe. You are welcome to participate in whatever way you feel led as we worship together.

**Review of the 7 words for “Praise” in the Psalms:**

1. **YADAH** …to extend hands as a sign of victory in God, dependency on God and surrender to God.
2. **HALAL**…to celebrate God, to give clamorously foolish praise to God, to party in God’s presence.
3. **ZAMAR**…to sing and make music in praise to God.
4. **TOWDAH**…to praise and thank God for things not yet received…to give God a sacrifice of praise.
5. **BARAK**…to kneel, to bless God, to vulnerably acknowledge the greatness of God.
6. **TEHILLAH**…to offer a personal offering to enthrone God…to sing God a new, spontaneous song to God.
7. **SHABACH…**to shout, declaring God’s glory in community from generation to generation.

**Practices for Your Personal Worship Journey:**

If you would like to try some new practices in your personal worship life, here are a few ways you might start:

1. **My truth and God’s Truth:** Grace Church’s working **definition of worship** **is:** **focusing my total being on God’s Truth in the midst of my truth.**
	1. **Ask yourself this question**: “What is my truth at this moment? What are the joys, sorrows and questions that I am carrying?” Write down what comes to you. Then offer your truth to God in prayer, such as “God, my truth is that I’m struggling with hopelessness right now…”
	2. **Find scriptures that declare who God is in your situation**. Look up “God of Hope Scripture” online and find a scripture such as Romans 15:13: *“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”* This could become your prayer as you focus on God’s Truth in the middle of your truth.
2. **Meditating on Scripture:**
	1. **Read John 13:1-17.** **What words or phrases jump out at you?** Write one down if you’d like.
	2. **Read the passage again.** **What might God be saying to you personally** through the word or phrase that stuck out to you the first time?
	3. **Read the passage one more time.** **How might you respond to what God is saying to you?** How might His word to you affect your life?

1. **Thin Place:**
	1. **What is a place where you especially feel the presence of God?** (nature, a person or people, your favorite chair in your living room.) **Go there.**
	2. **Allow yourself to just *be* with God in this place. What do you see about God here?** How is He revealing Himself to you? (as the one who loves you, as the creator.)
	3. **Respond to how God is revealing Himself to you** in whatever way you like…it might be thanking Him, praising Him, just smiling at Him.

*To continue this study on worship, you can read the book* **Holy Roar by Chris Tomlin and****Darren Whitehead.**