**Breathe Deep**

**Part 1**

*Then the Lord God formed the man from the dust of the ground. He breathed the breath of life into the man’s nostrils, and the man became a living person.*

Genesis 2:7 (NLT)

*Jesus replied, “I assure you, no one can enter the Kingdom of God without being born of water and the Spirit. Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life. So don’t be surprised when I say, ‘You must be born again.’ The wind blows wherever it wants. Just as you can hear the wind but can’t tell where it comes from or where it is going, so you can’t explain how people are born of the Spirit.”*

John 3:5-8 (NLT)

**Who is the Holy Spirit?**

1. **The Holy Spirit is the Spirit of Jesus who wants to breathe \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ into me.**

*On the day of Pentecost all the believers were meeting together in one place. Suddenly, there was a sound from heaven like the roaring of a mighty windstorm, and it filled the house where they were sitting. Then, what looked like flames or tongues of fire appeared and settled on each of them. And everyone present was filled with the Holy Spirit and began speaking in other languages, as the Holy Spirit gave them this ability.*

Acts 2:1-4 (NLT)

*Again he said, “Peace be with you. As the Father has sent me, so I am sending you.” Then he breathed on them and said, “Receive the Holy Spirit.”*

John 20:21-22 (NLT)

1. **The Holy Spirit is the Spirit of Jesus who wants to breathe \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ into me.**

*“But you will receive power when the Holy Spirit comes on you…”*

Acts 1:8a (NIV)

*For the Spirit God gave us does not make us timid, but gives us power…*

2 Timothy 1:7a (NIV)

1. **The Holy Spirit is the Spirit of Jesus who wants to breathe \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ into me.**

*So I say, let the Holy Spirit guide your lives. Then you won’t be doing what your sinful nature craves. The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.*

Galatians 5:16-17 (NLT)