**Ladders**

**Part 5**

*You must have the same attitude that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form…*

Philippians 2:5-7 (NLT)

**How do I pray “downward” prayers?**

1. **Pray \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

*Jesus went out as usual to the Mount of Olives…*

Luke 22:39a (NIV)

1. **Pray \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

*Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.”*

Matthew 26:36-38 (NIV)

1. **Pray \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

*Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”*

Matthew 26:39 (NIV)

1. **Pray \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

*He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.”**When he came back, he again found them sleeping, because their eyes were heavy.**So he left them and went away once more and prayed the third time, saying the same thing.*

Matthew 26:42-44 (NIV)

***"****Rise! Let us go! Here comes my betrayer!”*

Matthew 26:46 (NIV)